

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12:00 am Illumination: Endometriosis Awareness Day 12:00 am Proclamation: Amyloidosis Awareness Month 12:00 am Proclamation: Colorectal Cancer Awareness Month
2 1:00 pm Kingston Gets Active - Parent and Tot Open Gym	3 12:00 am Illumination: Liver Health Awareness Month	4 7:00 pm City Council Meeting	5 6:00 pm Kingston Gets Active - HIIT	6 1:00 pm Municipal Accessibility Advisory Committee 6:00 pm Planning Committee	7 12:00 am Illumination: Colorectal Cancer Awareness Month	8 12:00 am Illumination: International Women's Day 3:00 pm Kingston Gets Active - Leisure Swim
9	10	11 1:30 pm Kingston Gets Active - Healthy Back Program	12 1:45 pm Kingston Gets Active - Leisure Swim 3:30 pm Kingston Gets Active - Leisure Swim 6:00 pm Kingston Gets Active - HIIT	13 5:30 pm City Hall Illumination: Purim	14 12:00 am Illumination: Kidney Health Month	15 12:00 am Illumination: World Young Rheumatic Disease (WORD) Day
16 12:00 am Illumination: National Poison Prevention Week	17 12:00 am Illumination: Irish Heritage Day 10:30 am Kingston Gets Active - Parent and Tot Skate	18 1:30 pm Kingston Gets Active - Healthy Back Program 6:00 pm Special City Council 7:00 pm City Council Meeting	19 9:30 am Kingston Heritage Properties Committee 6:00 pm Kingston Gets Active - HIIT	20 10:30 am Kingston Gets Active - Parent and Tot Stick and Puck 1:00 pm Housing and Homelessness Advisory Committee 6:00 pm Planning Committee	21 1:30 pm Kingston Gets Active - Adult Pickelball	22 12:00 am Illumination: Earth Hour 10:30 am Kingston Gets Active - Family Badminton (Ages 10+)
23	24 12:00 am Illumination: 2025 World Tuberculosis Day 5:30 pm Committee	25 1:30 pm Kingston Gets Active - Healthy Back Program	26 12:00 am Proclamation: National Epilepsy Awareness Day 12:00 am	27	28	29 3:00 pm Kingston Gets Active - Leisure Swim

	of Adjustment		<p>Illumination: National Epilepsy Awareness Day</p> <p>6:00 pm Kingston Gets Active - HIIT</p>			
<p>30</p> <p>3:00 pm Kingston Gets Active - Leisure Swim</p>	<p>31</p> <p>12:00 am Illumination: International Transgender Day of Visibility</p> <p>12:00 am Flag Raising: International Transgender Day of Visibility</p>					

<https://events.cityofkingston.ca>